

# Emergency Guide: Power Outage Response

## WHAT TO DO IN THE EVENT OF A POWER OUTAGE

### Before an Outage

- Prepare a Power Outage Emergency Kit.
- Have your utility's emergency number handy. (PUC's emergency number: 705-759-6555)
- Store fridge-dependent meds in a cooler if needed.
- Download the MyPUC app for outage alerts.

### During an Outage

- Check if it's just your home (inspect breaker/fuse box).
- Unplug electronics and turn down thermostats to prevent surges.
- Keep one light on inside and outside to monitor power return.
- Keep fridge/freezer doors closed.
- Use safe indoor heat sources—no charcoal or gas grills inside (no open flame).
- Stay updated and consider a warming centre if needed.

### After an Outage

- Reset tripped breakers.
- Check for appliance damage.
- Throw out any spoiled food.
- Make sure kitchen appliances, especially the stove, are turned off.



## Power Outage Emergency Kit Check List:

- Water
- Non-perishable foods
- First aid kit, medications & medical records
- Personal identification information, insurance policies & cash
- Multipurpose tool
- Extra clothes
- Sunscreen & bug spray
- Lighter & matches
- Flashlight or lantern & Batteries
- Jumper cables & gas
- Pet supplies
- Cell phone or radio
- Backpack